

Pushes and Pulls in the Kitchen

Name: _____

Date: _____

WORKED EXAMPLE

When we prepare meals we use pushes and pulls. We push a knife or dough, and pull open lids and drawers. Tools like rolling pins and can openers help us push and pull.

Q1

Circle the pushes: pressing dough, opening a drawer, cutting down with a knife, pulling a lid.

Q2

Tick one: Opening the fridge door is a push [] or a pull [].

Q3

Fill the gap: A rolling pin helps us _____ the dough flat.

Q4

Match: rolling pin, can opener, drawer -- pull open, push flat, twist and pull.

Q5

Draw a kitchen tool. Show with an arrow if it pushes or pulls.

Q6

Help make a snack at home. Tell someone one push and one pull you used.

Q7 CHALLENGE

Write one kitchen job that is a push and one that is a pull.

Push: _____ Pull: _____