

Pushes, Pulls and Forces



Strength, direction and what forces do



Strength



Direction



Changing motion



Changing shape

CAN YOU SPOT?

Is each one a push or a pull? Is the force strong or gentle, and which way does it go?



TEACHER GUIDE **Big idea:** A push or a pull is a force. Forces have strength (how hard) and direction (which way). A force can start, stop, speed up, slow down or turn an object, and can change its shape.

Ask: Is it a push or a pull? Is the force strong or gentle? Which way will the object move? How could a force change its shape?