

Practice: Units of Time

Name and choose the best unit of time for each event.

Name: _____

Date: _____

 Worked Example

24 hours make a day and 7 days make a week. We sleep for hours, not weeks.

Q1. How many hours make one day?

_____ hours

Q2. How many days make one week?

_____ days

Q3. List the units shortest to longest: week, hour, day, year.

Q4. Best unit for a night's sleep: hours or years?

Q5. Best unit for a birthday to come around: day or year?

Q6. About how many weeks are in a year?

_____ weeks

Q7. Is a week longer or shorter than a day?

Q8. Name a unit of time you used today.

Explain.
