

Teacher and Parent Instructions

- **Usage:** Print one sheet per day to match the 5-day school week.
- **Instruction:** The goal is not speed, but precision. Encourage students to start their pencil on the Red Starting Dot for every character.

Instructional Steps:

1. Finger Warm-up: Have the child trace the character with their finger first.
2. Starting Point: Always identify the Red Starting Dot before writing.
3. Controlled Movement: Use a slow, steady pace to follow the gray path.
4. Posture: Ensure the child is sitting comfortably.

Weekly Schedule:

- Day 1: a, b, c, d, e
- Day 2: f, g, h, i, j
- Day 3: k, l, m, n, o
- Day 4: p, q, r, s, t
- Day 5: u, v, w, x, y, z

Day 1 Practice

a a a a a

b b b b b

c c c c c

d d d d d

e e e e e

Day 2 Practice

f f f f f

g g g g g

h h h h h

i i i i i

j j j j j

Day 3 Practice

k k k k k

l l l l l

m m m m m

n n n n n

o o o o o

Day 4 Practice

p p p p p

q q q q q

r r r r r

s s s s s

t t t t t

Day 5 Practice

u u u u u

v v v v v

w w w w w

x x x x x

y y y y y

z z z z z